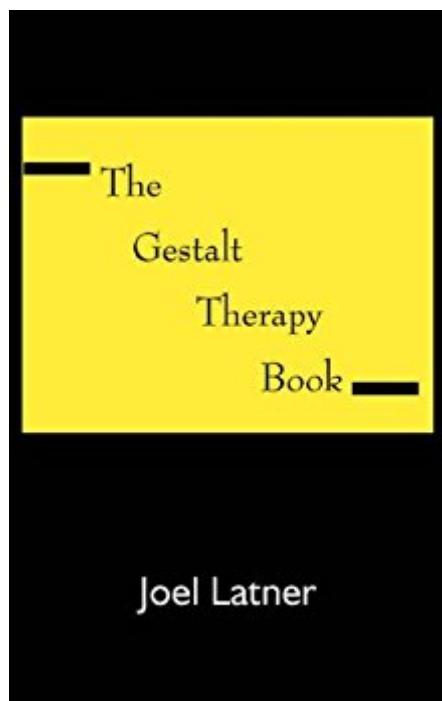


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The Gestalt Therapy Book



Synopsis

A comprehensive and readable introduction to the fundamentals of Gestalt therapy. Often used as an introduction to Gestalt therapy in academic settings, this is a good place for professionals and lay persons alike to begin to understand the Gestalt approach.

Book Information

File Size: 450 KB

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Customer Reviews

This is one of the "must reads" for a gestalt-literate therapist. Perhaps not as purely practiced as some of the major schools of psychotherapy, and unfortunately more often misunderstood to be a group of therapeutic techniques, the philosophical and theoretical underpinnings of the Gestalt model will continue to form the gestalt of all good clinical practice!

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